

## **South Skye and Lochalsh Kayak Club committee/ coach meeting**

7/10/09

**Present:** Lara Hinde, Clive Poulter, Chrissie Gillies, John Phillips, Gordon Brown, Alex Townend, Willie Fraser, Lis Phillips

**Apologies:** Jo Cumine, Andy Law, Rhiannon Cumine, Scott Poulter

**Minutes of last meeting;** proposed by Chrissie, seconded by Lis

### **Matters arising:**

#### Club kit

- Alex still to reimburse himself for the purchase of 6 dry bags **Alex**
- Agreed to buy 4 Lomo 'centre type' cagoules for adult club use, 2 medium, 2 large. To be purchased at Paddle 09 **Gordon**
- Agreed to buy 4 smaller canoe paddles, 2 x 36", 2 x 42" and some floating rope for canoe painters, also 2 x Gremlin-type left handed kayak paddles **Lara**
- Some discussion about buying sea kayaks suitable for larger paddlers. Gordon has an Eddyline Fathom available- to be tried out **Chrissie**
- Discussion about buying river boats. To email Dave Rossiter to see if he may be interested in swapping an old river boat for the old club Capella **Lis**
- Match funding should be available from Sports Scotland if new boats to be purchased in the future

Level 1 coaching training has now been organised for late October, and early November, details on the club website

**Treasurer's report:** Alex confirmed current club balance is £3890

**Summer sessions:** adult sessions generally well attended, children's ones quite quiet- joint sessions after the club holiday worked well.

**Winter sessions:** first pool session is on Wednesday 28<sup>th</sup> October: 8-9pm- coaches session, 9-10pm adult session. May need to split adults into alternate weeks depending on numbers.

4<sup>th</sup> November, first children's session. Need to meet as soon as possible to organise children's groups and get letters out to them. **'Jo, Alex, Lis**

Agreed to order 40 copies of Paddle Power Passport, the new children's kayaking award from the Scottish Canoe Association ([progression table pdf attached to these minutes for interest](#)) **Lis and ALL**

Gordon suggested that pool sessions should be organised around themes (eg balance, edging, steering, supporting) rather than specific skills

Suggestion of some laminated 'pub quiz' questions about general kayaking knowledge, like recognising hypothermia, pollution, food to carry, use of skegs etc which could be used with the children at some point during the pool sessions **Lara**

### **Club trips/ pool sessions and membership fees**

After discussion, decided that for pool sessions, new attendees will be charged £6 per night with the expectation that they will take out club membership (£25 / adult, £15/ child/ student) after they have been a couple of times and then session charge will be £4

Club trips- if a non club member asks to join a club trip, they will be asked to join the club at the above rate.

Alison French is hoping to run a Women's kayak day on November 1<sup>st</sup>. if this is to be a club event using club boats and kit, then it was decided that all participants would need to have current club membership as described above to cover the club for insurance. **Lara to email Alison**

### **Winter trips**

Hope to run monthly trips over the winter. Rota to be sent out to club coaches for suggested trips/ dates **Lis**

Ideas so far:

- Family Surf Weekend at Sandend (East coast). Need to investigate whether it would be possible to use SCA surf boats **Gordon**
- 12<sup>th</sup>-13<sup>th</sup> December, sprint and slalom Highland Championships on River Ness- need to find out more **Lara**
- River paddle somewhere **Chrissie**
- New Year's Day paddle **Clive**

Other informal trips will continue to happen, making the most of days off and good (or bad) weather. Often these trips are organised on the spur of the moment, but members wishing hear about them should let 'Jo Cumine (club secretary) know so that email addresses can be shared

### **Training needs**

First aid- need to find out when the next course is being run **Lara**

3 star canoe training **Lara to email Tom Sibbald**

Surf coaching- to take place on Sandend weekend trip **Gordon**

Navigation and safety (flares, safety kit etc)- if enough interest, to run the Coastal Navigation and Tidal Planning (CNTP award) over several evening sessions during the winter followed by some on-the-water practical experience

**Willie and Gordon**

**Website;** all agreed that the website continues to look fresh with lots of new photos and information, thanks again to Andy

**Child protection;** all coaches reminded they need disclosure specific to the club. Contact Lesley MacKee if unsure about this

**Purchases;** see matters arising. Also agreed to purchase some yellow plastic ducks for silly games **Lis**

## **AOCB**

- For club members who might want to work on specific skills in a quieter environment, Kyle pool to be booked for 2 hours one February weekend and 1:1 sessions offered on a first-come, first- served basis. Members to pay a fee to cover the cost of hiring the pool at club rates.

### **Lara**

- The t-shirt kindly donated by Ali Wilson for the 'most surprised roll of the summer' has not yet been awarded, but will be given to someone during the winter pool sessions who has achieved something special.

**Distribution of minutes:** decided that minutes would be circulated to all present for any amendments. If none after a week, minutes will be sent to Andy Law for inclusion on the website.

**Next meeting:** to be arranged in early 2010