

Minutes of Committee/coaches meeting held at Tigh Fasgaidh, Erbusaig

On April 28th. 2009

Present: Lis Phillips, Rhiannon Cumine, Trent Townend, Scott Poulter, Willie Fraser, Alex Townend, Chris Nixon, Lara Adams, Alasdair Earnshaw, Clive Poulter, Jo' Cumine

Apologies: John Phillips, Christine, Morag Brown, Lesley McKee, Andy Law

Previous Minutes of the last meeting were proposed by Willie Fraser and seconded by Chris Nixon.

Insurance: the club is still insured under the umbrella insurance of the Scottish Canoe Association.

There is no word of needing to charge individual club members yet.

Committee/Coaches: Jo' will make a list for Lara.

Training needs:

- Some folk need to do the 2 star open canoe test to do their Level 1 coaching certificate. They should put their names down for the forthcoming canoe skills weekend.
- Trent would like funding to do his 4 star leader certificate. It was suggested he ask Coaching Highland (Alan Hoseasons).
- Lara feels she is missing out on the opportunity to work with other Level 3 coaches. It was suggested that she could, perhaps, join one of Gordon Brown's sessions or Willie Fraser's.
- The Shetland club is going to Orkney in the second week of August.
- Lis: suggested inviting a number of non-club members along to the club holiday that might be able to contribute useful skills to the mix of folk already likely to attend.
- It was suggested that some 'coach only' Wednesday sessions over the summer would be useful.
- Jo' to email folk to remind them that if they are interested in doing Level 1 coaching they need to do the 2 star open boat test. Clive will be the contact.
- Gordon is the only Level 5 coach. Morag Brown is an trainee Level 5 coach.
- Level 3 coaches are Willie, Mo (who is no longer a member). John, Lara and Alex are Level 3 trainees.
- Level 2 coaches are Trent and John. Alasdair and Christine are Level 2 trainees.
- Level 1 coaches are Lis and Rosaidh.
- Lara will invite the Area Coaching Officer to come to talk?paddle with folk who are interested in doing their Level 1 coaching.
- Christine is going to do the old Level 2 coaching, and Lis will consider the new Level 2 at some date in the future. If you have done an old course you can do a transfer course.

Adult needs: offer a skills night, split into beginner and intermediate. Get coaches to talk to each other prior to each session. Use the website to intimate what has been taught at each session. Get aspiring Level 1s to do warm-ups with the paddlers to allow coaches to have a chat about the session plan.

Safety:

- Kids and adults on alternate weeks again over the summer.
- Encourage adults with their own boats to come along to junior sessions to act as safety cover.
- Remind parents to stay with their children until the plan for the session is confirmed.
- Jo' to compile an up-to-date emergency contact list and distribute to all the coaches.

- Give all coaches spare membership forms, incase there are any one-off visiting paddlers. Paying club membership will give them insurance cover, and give us emergency contact details.
- Lis would like to see a disclaimer publicised, regarding the responsibilities of folk on trips. Remind folk that they should check with trip organisers whether they think they are capable of the proposed trip. We need to develop a culture of being 'group aware'.
- Ask Andy to put an 'essential kit' list on the trip section of the website.
- Someone had suggested that we have a bag of 'spare club clothes' in case anyone gets wet, forgets spare clothing etc. There was received a negative response, but it was suggested that we could, perhaps, provide dry-bags for kit.

Summer Sessions:

- Start with a coaches' session on Wednesday 13th. May. Kids' first session: May 20th, adults: May 27th. Two weeks will be missed: the club holiday week, and the following Wednesday.
- Canoes will be brought to the summer sessions.

Child protection: Jo' will ask Andy to put Lesley McKee's name on the website as Child Protection Officer.

There being no further business the meeting was closed. Date of next meeting will be decided soon.