

Minutes: Coach/Leaders Meeting

At Willowbank on March 22nd. 2010

Present: Steve Heap, Andy Law, Chris Pendlebury, Lis Phillips, Robert Phillips, James Adams, Clive Poulter, Alex Townend, Gordon Brown, Lara Adams, Chrissie Gillies.

Agenda Item	Action
1. Welcome – LA thanked everyone for coming to an ‘extra’ meeting.	
3. Other disciplines e.g. open canoes, inland kayaks.	
- AT and LA to progress buying 6 river kayaks in a variety of sizes, plus basic safety gear, following Dave Rosseter’s recommendations.	AT, LA
- Summer adult sessions to incorporate some sessions at venues where ‘short boat’ skills can be practiced, e.g. Dornie, Kylerhea, the Ob.	All
- GB to find out Garry release dates and suggest a date for an evening or day trip for coach/leaders who are interested in developing white water skills.	GB
4. Help with BCU awards and prerequisites	
- LA to look into the possibility of Coaching Highland or SCA funding for inland 3* and 4* as a ‘prerequisite’ for those who aim to go on to coaching/leadership qualifications.	LA
- 3* skills development course for club members is to be postponed until the autumn.	LA
2. Day/weekend trips and activities	
- General issues – notification of club trips will be accompanied by an ‘A,B,C’ rating system, to give club members an idea of the level of experience appropriate to the trip. SH to produce a draft system to go on the website. AL to split ‘trips’ and ‘events’ pages to make it easier for folk to find what they’re looking for.	SH AL
- Plockton Small Boat Sailing Club Open Day, May 15 th . The club have been invited to run taster sessions. CG and JA can attend, hopefully others. LA to inform organizers that we’re available for half a day only.	LA, CG, JA, others?
- North Skye Kayak Club Beginner’s Day, April 24 th . This clashes with the Club Coach Development weekend, which all coaches are encouraged to attend, but if anyone is free to help with coaching please contact Lara Adams.	LA, others?
- Junior committee members to look into organizing another ‘family day’ similar to the one held at Loch Lundy last year, with ? model boat making competition and race, raft building,	RP, RC, SP

<p>multiboat races, etc. Probably after the club holiday.</p> <ul style="list-style-type: none"> - Chris Pendlebury has kindly agreed to give an evening seminar on the weather (as it relates to kayaking!). This is to be at SMO, sometime in May (not on a Weds. Evening though!). CP to look into room availability and advise us of the proposed date. - CP also advised that Sleat Community Trust is planning a beach clean that club members might want to incorporate into a paddle – CP to advise of date when it is confirmed. - A draft calendar of club trips taking us up to the club holiday was planned, see below. Any coaches not present are welcome to add to this list, with dates either before or after the holiday! 	<p>CP</p> <p>CP</p> <p>All</p>
<p>5. Weds. evening sessions</p> <ul style="list-style-type: none"> - A series of ‘outcomes’ similar to that used in the pool sessions will be used in the summer sessions, to provide a progression for both adults and kids groups. A variety of venues, moving water sessions, etc. to be incorporated into this when appropriate tide/weather conditions are available. 	<p>All</p>
<p>6. Club holiday</p> <ul style="list-style-type: none"> - While it has been agreed that the holiday will be in the outer isles this year, there was some discussion as to the best campsite. LA to look further into the options, and consult the Stornoway club to see if they have any insights. It was agreed that the decision would probably come down to the place that is best able to cope with 70 kayakers descending! 	<p>LA</p>
<p>7. Anything else relevant you can think of!</p> <ul style="list-style-type: none"> - AGM Slideshow – LA to ask Willie and Morag if they can each do a short slideshow. - Non-coach committee members – some folk felt it would be good to have more representation for non coaches on the committee. This year has been a particular problem as one of the ‘non-coach’ committee members has been tied up with other commitments and the other has since become a coach! Non-coaches will be encouraged to get involved at the AGM. (Post-meeting note: at present there are three coach members, three junior members and three non-coach members. Maybe we should try to even up the numbers at the AGM and see if we can get three non-coach members to volunteer...) 	<p>LA, WF, MB?</p> <p>?</p>

Draft Trip Calendar, Summer 2010

Date	Trip Organizer/Contact	Trip description	Experience required	Other comments
April 17th	Steve Heap	Day trip - Sleat	Proficient	
May 8 th /9 th	James Adams	Camping trip – possibly to Crowlins	Proficient/Advanced	
29 th May	Chrissie Gillies	Lochy River Trip	Proficient	Adults only
12 th June	Lis Phillips	First Aid Scenarios plus family picnic/journey – possibly Ashaig	Proficient plus Families/All Welcome	
27 th June	Clive Poulter / Alex Townend	West Skye cliffs	Advanced	
July 10 th – 17 th	Lara Adams	Club Holiday - Harris	Families/All welcome	